

Experience the Liquid Difference



TruBoost™

Honest Energy
No Caffeine or Refined Sugars!!



Boosts energy naturally*
Enhances mental clarity*

TruBoost is a natural herb and vitamin formula designed to create real long lasting vitality - honest energy. Replace those unhealthy energy drinks with TruBoost and enjoy immediate and long term wellness benefits.

Background

Consumer demand for a healthy energy drink is at an all time high. Busy modern lives take their toll on the body, often disturbing our natural sleep and energy cycles. Caught in that lifestyle of stress and poor sleep, it's tempting to reach for common stimulant kicks - like caffeine and refined sugar - to make it through the day. But those are short-term fixes that send your body into an artificially heightened state, ultimately increasing fatigue. There is a far healthier approach.

TruBoost™ was formulated based on one driving principle: give the body what it needs, and it will restore itself. The proven ingredients in TruBoost help the body restore its own core energy.* That's lasting honest energy, not an artificial jolt. No jitters, no crash, no edginess. Just steady balanced energy and vitalized senses.*

How it works:

TruBoost is proven to enhance your own energy. Its special formula draws from the strength of two trusted adaptogenic herbs: Tulsi and Ashwagandha. Tulsi is also known as Holy Basil and both herbs have been used for centuries in Ayurvedic medicine in India

Adaptogenic herbs have a balancing affect on the body. That means TruBoost will provide slightly different results depending on the needs and stress levels of each individual. Tru Boost can alleviate tension and have a calming effect or give you a boost at a low-energy moment. The end result is a steady sense of well-being. So enjoy it every day, several times a day!

Experiences:

In a recent study people who drank TruBoost regularly reported impressive subjective evaluations:

- Fatigue/Lack of Energy - decreased by 53.1%
- Inability to Concentrate - decreased by 75.8%
- Forgetfulness - decreased by 57.1%
- Irritability - decreased by 76.5%

It's your energy!

Realize the power of a natural approach to whole health and energy. Drink it regularly, because the unique herb and vitamin formulation in TruBoost supports your internal energy process.

Sensoril, a standardized Ashwagandha extract is clinically proven to boost energy at a cellular level and enhance mental clarity and focus.

Working at a cellular level, Sensoril has been shown to increase level of ATP and other energy-related metabolites when taken daily.

- Reduced serum cortisol (stress hormone) by 24.8%
- Reduced c-reactive protein (negative health risk factor) by 35.6%
- Increased DHEA (hormone correlated to overall energy in the body) - by 31.6%

Additional value - contains potassium D-glutarate for its detoxifying effects and B6, niacin, B12 and pantothenic acid - all vital for metabolism and stress resistance*

Why reduce Cortisol?

Cortisol is an important hormone in the body, secreted by the adrenal glands and involved in the following functions and more:

- Proper glucose metabolism
- Regulation of blood pressure
- Immune function
- Inflammatory response
- Insulin release for blood sugar maintenance

While cortisol is an important and helpful part of the body's response to stress, it's important that the body's relaxation response to be activated so the body's functions can return to normal following a stressful event. Unfortunately, in our current high-stress culture, the body's stress response is activated so often that the body doesn't always have a chance to return to normal, resulting in a state of chronic stress.

Higher and more prolonged levels of cortisol in the bloodstream (like those associated with chronic stress) have been shown to have negative effects, such as:

- Impaired cognitive performance
- Suppressed thyroid function
- Blood sugar imbalances such as hyperglycemia
- Decreased bone density
- Decrease in muscle tissue
- Higher blood pressure
- Lowered immunity and inflammatory responses in the body

Ingredients & Nutrients:

Tulsi Proprietary Blend: Krishna Tulsi, Ven Tulsi, Rama Tulsi - (Holy Basil Leaf & Flower)	1.4g
Sensoril Ashwagandha Extract (Withania somnifera leaf & root 8% with anoloides)*	125mg
Potassium D-Glucarate**	500 mg
Niacin (as niacinamide)	6 mg
Vitamin B6 (as pyridoxine hydrochloride)	600mcg
Vitamin B12 (as cyanocobalamin)	1.8 mcg
Pantothenate (calcium pantothenate)	3 mg

Other Ingredients

Peach Juice (Water, Peach Juice Concentrate), Organic Agave Nectars, Natural Flavors, Citric dic

* Potassium D-glucarate is protected under U.S. Patent 5,364,644

**Sensoril is protected under U.S. Patent 6,713,092

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

TruBoost customers also enjoy these wellness support products:

Body Balance
Over 121 Plant Source
Vitamins, Minerals,
Enzymes, Essential Fatty
Acids, & Amino Acids



OsteOmegaCare
Calcium/Mineral Blend
with Essential Fatty Acids
(Flax Seed Oil) &
Glucosamine



FlexeoPlus
Glucosamine/MSM Blend
for Cartilage Regeneration
and Joint Support



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